



# The Oxford Centre for Spirituality & Wellbeing

OCSW Autumn workshop series 2019

## Explorations in Psycho-Spiritual Care: Creativity and human flourishing

A series of personal and professional development workshops for health and social care professionals, counsellors and psychotherapists, chaplains and faith leaders who want to deepen their practice of psycho-spiritual care.



What participants said about previous workshops:

*'Truly inspirational and insightful'* (2017)

*'Life changing and life affirming'* (2018)

Each day begins at 10am and finishes at 4pm. Teas and coffees included.  
Please attend at least 3 of the 4 dates.

**Combined fee for all four workshops (+VAT):**

Earlybird by 26 August: £195 | After 26 August: £240 | Half price for Oxford Health NHS FT staff

### Day 1: 17 September

**Kate Binnie** Senior Research Associate,  
Bristol Medical School

**Breath-Sound-Voice; exploring  
the building blocks for authentic  
communication through music**

### Day 2: 15 October

**Mezze Eade** Participation Director,  
Oxford Playhouse

**Being Present**

### Day 3: 19 November

**Dr Jim Harris** Andrew W Mellon Foundation  
Teaching Curator, Ashmolean Museum

**Then and Now: the museum as  
reflective and recreative space**

### Day 4: 10 December

**Tom Cox** Artscape Project Manager,  
Oxford Health NHS Foundation Trust

**The Work before the Work:  
Exploring our Imagination**

Venue: Friends Meeting House, 43 St Giles, Oxford.  
NB Day 3: morning at Ashmolean Museum, Oxford.

[www.oxfordcentrespiritualitywellbeing.co.uk/workshops-2019](http://www.oxfordcentrespiritualitywellbeing.co.uk/workshops-2019)