

Spirituality and Recovery in Mental Health: Putting People at the Heart of Care

**A conference for clinicians, educators, service users and carers,
chaplains, faith and community leaders—and anyone else interested**

Wednesday 10th—Friday 12th July 2019, St John's College, Durham

As more and more mental health services embrace a recovery approach to care, this conference will give opportunity to explore the role which spirituality has to play in recovery. This time the conference will focus particularly on how person-centred care relates to these themes of spirituality and recovery, featuring speakers from a variety of disciplines including nursing, psychiatry, occupational therapy and chaplaincy.



Speakers include:
Prof Wilf McSherry, Dr Jed Boardman, Prof Chris Mayers, Julia Head, Prof Chris Cook, Miles Rinaldi, and contributors with their own lived experience of mental health challenges.

Costs (non-residential):

Full conference attendance £140, reduced rate for Tees, Esk and Wear Valleys staff £125, daily rate £80 (accommodation available at St John's College at time of booking, if required).

**For further information or to book your place
contact johns.conferences@durham.ac.uk**

***Tees Esk and Wear Valleys NHS Foundation Trust
service users can book their places through ARCH
Recovery College in Durham at a concessionary
rate (bursaries are also available) by telephoning
0191 384 3895 (option 2) or emailing
tewv.recoverycollege@nhs.net***

Delegate presentations and workshops are welcome. Please contact Colin Jay at colin.jay@nhs.net for further information.