

Explorations in Psycho-Spiritual Care 2018

A series of personal and professional development workshops for health & social care professionals, counsellors & psychotherapists, chaplains and faith leaders who want to deepen their practice of psycho-spiritual care.



Led by highly experienced practitioners and trainers from the world of spiritual care, healthcare & psychotherapy.

- ◆ The course is open to people of all faiths and beliefs;
- ◆ The themes of each day will be developed by various speakers in the morning and considered together in facilitated reflective practice groups in the afternoon;
- ◆ Participants will be expected to bring material from their own practice as it relates to each days' theme;
- ◆ At the end of the course there will be opportunity to consolidate learning in an *optional* 3,000 word essay; Detailed reading lists will be provided each week.

*'Truly inspirational and insightful'
(2017 participant)*

*'Outstanding so very interesting and deeply
engaging' (2016 participant)*

*'Quality of the experience was superb'
(2015 participant)*

COST £280/£230 -
if paid by 24/08/18
(half price for OHFT staff)
(tea & coffee included)

The course is designed as a whole.
Participants are therefore expected to
attend a **minimum of 3 out of 4 days.**



Day 1 20th September 2018
Cultivating Hope: Healing through creativity
Rachel Woods

Day 2 18th October 2018
Breath-Sound-Voice-Song:
Kate Binnie

Day 3 15th November 2018
Exploring transcendence in the face of complex disability: Supporting the mind, body and spirit through Daoist flow practices
Dr Giles Yates

Day 4 6th December 2018
Can the mediums of storytelling, drama and mask help to reveal the spiritual path?
Revd Sally Horner

Each day begins at 10am and finishes at 4pm

'What was so very good about these days is that we were a community of learning desirous of being authentic' (2014 participant)

For further details visit OCSW website on www.oxfordcentrespiritualitywellbeing.co.uk.

Alternatively, contact: Guy Harrison guy.harrison@oxfordhealth.nhs.uk or Elaine Ulett elaine.ulett@oxfordhealth.nhs.uk or by telephoning 01865 902760

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SPEAKERS

Kate Binnie is a Senior Research Associate at the Bristol Medical School, University of Bristol. She is a music therapist and also teaches yoga and mindfulness. She gives supportive & palliative care to patients and in her training for HCPs. She runs bi-annual courses in psycho-social-spiritual care & compassion-focused approaches at the Centre for Palliative Care in Worcester and what she calls breath-body-mind integration training at the Sobell Study Centre at the Churchill.

Jill Buckeldee (reflective practice facilitator) is a psychodynamic counsellor with an interest in spirituality. Jill's doctorate was on how spirituality is understood and worked with in psychodynamic practice. She works as a counsellor at a theological college and has a private practice. Jill was a senior nurse in community care involved in managing and training nurses and other health care professionals and is currently developing her work within a hospice context.

Guy Harrison (reflective practice facilitator and workshop organiser) is Head of Spiritual & Pastoral Care at OHFT and Director of OCSW. He has worked for over 20 years as a healthcare chaplain and counsellor in hospice, acute care, mental health care and community contexts. He has wide experience of training in spiritual and pastoral care within healthcare and local multi-faith contexts and is an experienced supervisor. He is a registered BACP (accredited) psychotherapist and a senior accredited pastoral supervisor (APSE). He has edited 'Psycho-spiritual care in Healthcare Practice' which is published by JKP (June 2017).

Sally Horner Prior to training as an Anglican Priest, Sally worked as a freelance singer, singing teacher and storyteller. Sally has worked extensively with community based theatre companies and with learning disability which involved amongst other things: large scale community play productions, touring small plays, street theatre, facilitating drama, singing, mask/puppet making workshops in schools and community centres. Sally has been working as a mental healthcare care chaplain for the last six years in both local and forensic settings in which she has continued to use the creative arts to enhance spiritual and pastoral care.

Rachel Woods Rachel Woods is an education consultant in ethos enrichment and spirituality to a number of NGO's and the Anglican Diocese of Oxford. She is currently a volunteer chaplain for OHFT. She is Founder of Parable Garden.org, a community-based initiative supporting churches, schools, care homes, NGO's and groups through facilitating pastoral engagement with cultivation, nature and seasonal awareness and creativity. Rachel also leads quiet days, retreats and workshops.

Giles Yeates Is a clinical neuropsychologist in community neuro-rehabilitation. Giles clinical work and research focuses on the innovation of psychological therapies and support of relationships following acquired brain injury. Giles is editor of the journal and book series Neuro-Disability & Psychotherapy, in addition to the Brain Injury book series (Karnac Books). His new, co-edited book, Eastern Influences on Neuropsychotherapy, was published earlier this year. Giles is also a longstanding practitioner and teacher of Tai Ji and Kung Fu, and studies under the monks in Wudang Mountain, China.

VENUE

The Friends Meeting House (Quakers), 43 St Giles, Oxford OX1 3LW

The Friends Meeting House is situated within 10 minutes walk of Oxford Railway Station and 5 minutes of Oxford Park and Ride buses. Please note parking in central Oxford is difficult and/or expensive but Oxford is well supplied with Park and Ride from the A34 (North and South), A420 and A40/M40