

A Day Conference
as part of the 2017 Study Conference

You are invited to 'the inside' of

Inside Out:

developing psychologically-informed understanding for better chaplaincy practice.

*A day conference designed for part-time minority-faith and non-religious chaplains,
as well as all part-time/volunteer chaplains (and any other chaplains) unable to attend the full conference.
You will be joined on the day by those attending the full 3 day conference.*

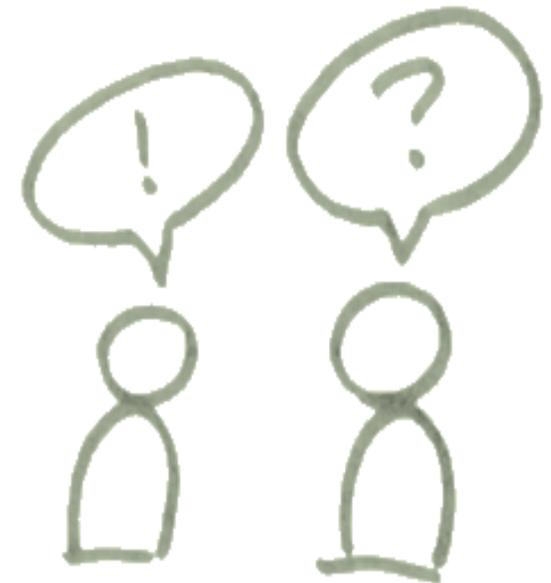
The 2017 conference aims to help chaplains develop greater self-awareness and understanding by exploring insights from psychology about what might be going on within a pastoral encounter.

The day conference will explore how we take into account aspects of the *interpersonal* (what happens between the chaplain and another person) and *intrapersonal* (what is happening within the chaplain) alongside the theological. It will consist of two key note addresses that will help us explore:

- 1) psychological understandings of self-esteem, and
- 2) how we might better appreciate the role of affections (emotions) in our encounters.

Complementing those sessions there will be a multi-faith panel discussion (open to the floor) and a group reflective practice session led by Markus Lange.

Since all relationships involve some form of transference and enactment (the often-unconscious redirection of emotions and feelings from one person to another), our clear purpose in this conference is about enhancing chaplains' role-confidence and clarity, not about swapping roles to become counsellors or psychologists-lite.



The conference takes place at: The Hayes Conference Centre, Swanwick, Alfreton, Derbyshire DE55 1AU

Cost for day conference £85 (or £125 if staying for the College 25th anniversary dinner)

Key Note Speakers / Facilitators

Rev'd Dr Jane Leach has been the Principal of Wesley House since 2011. Prior to 2011 she was Director of Pastoral Studies at Wesley House for ten years. She researches, supervises and publishes in the fields of practical theology and theological education with a particular interest in the dialogue between theology and the social sciences. Jane was the founding chair of the Association of Pastoral Supervisors and Educators (APSE www.pastoralsupervision.org.uk) and holds a diploma in Creative Supervision from the London Centre for Psychodrama.

Dr Joshua Hordern is Associate Professor of Christian Ethics in the Faculty of Theology and Religion at the University of Oxford. His research mainly concerns how theology and religion illumine the role of affections such as compassion, joy, fear and hope in public life. Josh leads the Oxford Healthcare Values Partnership (www.healthcarevalues.ox.ac.uk) and is Principal Investigator on the Compassion in Healthcare: Practical Policy for Civic Life project during which he will be collaborating, among others, with Oxford University Hospitals NHS Foundation Trust.

Rabbi Markus A. Lange is currently a member of the Chaplaincy Team at the Royal Free London NHS Foundation Trust as well as Honorary Chaplain at the North London Hospice. He holds an MA in Drama & Movement Therapy as well as being a certified Playback Theatre Practitioner and Bibliodrama Facilitator. Markus has a diploma in Creative Approaches to Supervision from the London Centre for Psychodrama and offers reflective clinical and pastoral supervision and interactive training workshops to chaplains as well as to healthcare professionals and volunteers.

Conference Timetable

09:15-10:15 **Jane Leach: *Self-esteem and shame in healthcare***
In this lecture we shall explore the phenomenon of shame from a number of social and psychological perspectives and consider how various pastoral responses and the theologies underpinning them might help to compound or alleviate that shame.

10:15-11:00 minority faith & belief panel responding to Jane followed by chaired discussion open to the floor

11:00-11:30 Tea coffee

11:30-12:15 **Markus Lange: *creative ways in reflective clinical supervision***
This session will show-case a few methods and approaches to creative-reflective group supervision. Drawing on action methods, which invite the use of body, voice, space, story and metaphor, we will explore the potential of working with non-verbal and para-verbal forms of communication as ways of reflecting on clinical, social, theological and emotional dilemmas.

12:30 Lunch

13:30-14:00 Mental Health Forum AGM

14:00-15:00 CHCC AGM

15:00-15:30 Tea coffee

15:45-16:45 **Joshua Hordern: *What does it mean to be emotionally wise?***
In this talk we will consider what role affections (or 'emotions') play in our lives, both personally and in the institutions in which we work. We'll focus especially on how affections are basic to wisdom, in shaping our reasoning processes and our understanding of others.

For travel purposes delegates may decide to leave after this point, though they are welcome to stay for the college dinner at the cost noted above.

16:45-17:30 optional small group reflective practice session

18:45 Drinks Reception 19:15 College dinner