

## **Inside Out**

**developing psychologically-informed understanding  
for better chaplaincy practice.**

*The 2017 conference aims to help chaplains develop greater self-awareness and understanding by exploring insights from psychology about what might be going on within a pastoral encounter.*

Michael Paterson suggests that pastoral supervision should be theologically rich, psychologically informed and contextually sensitive. The same might be said about each individual chaplaincy encounter - recognising that some might place philosophy alongside theology. Since all relationships involve some form of transference and enactment (the often-unconscious redirection of emotions and feelings from one person to another), our clear purpose in this conference is about enhancing chaplains' role-confidence and clarity, not about swapping roles to become counsellors or psychologists-lite.

Among other things, key note addresses will help us explore psychological understandings of self-esteem; how we take into account aspects of the *interpersonal* (what happens between the chaplain and another person) and *intrapersonal* (what is happening within the chaplain) alongside the theological; and how we understand the role of affections (emotions) in human psychology.

Each key note address will be followed by a facilitated reflective practice session to ground the theory in our practice, including creative reflective options together with verbal exploration.

The conference takes place at: The Hayes Conference Centre, Swanwick, Alfreton, Derbyshire DE55 1AU

### **Key Note Speakers**

**Rev'd Dr Jane Leach** has been the Principal of Wesley House since 2011. Prior to 2011 she was Director of Pastoral Studies at Wesley House for ten years. She researches, supervises and publishes in the fields of practical theology and theological education with a particular interest in the dialogue between theology and the social sciences. Jane was the founding chair of the Association of Pastoral Supervisors and Educators (APSE [www.pastoralsupervision.org.uk](http://www.pastoralsupervision.org.uk)) and holds a diploma in Creative Supervision from the London Centre for Psychodrama.

**Dr Joshua Hordern** is Associate Professor of Christian Ethics in the Faculty of Theology and Religion at the University of Oxford. His research mainly concerns how theology and religion illumine the role of affections such as compassion, joy, fear and hope in public life. Josh leads the Oxford Healthcare Values Partnership ([www.healthcarevalues.ox.ac.uk](http://www.healthcarevalues.ox.ac.uk)) and is Principal Investigator on the Compassion in Healthcare: Practical Policy for Civic Life project during which he will be collaborating, among others, with Oxford University Hospitals NHS Foundation Trust.

# Draft Conference Timetable

## Day one: Tuesday 26<sup>th</sup> September 2017

12:00 onward	arrivals / registration / lunch
12:45-13:45	Lunch
[13:45-14:15]	<i>drop in session for first conference attendees</i>
14:30-15:00:	Welcome and introduction
15:00-16:00	<b><i>Session one: keynote address Jane Leach</i></b>
16:00-16:30	Tea coffee
16-45:17:30	<b><i>Session two: Reflective practice</i></b>
18:30	Dinner
19:45-20:30	Current issues open mike/ free time

## Day two: Wednesday 27<sup>th</sup> September 2017

	Worship
08:15	Breakfast
09:15-10:15	<b><i>Session three: keynote address Jane Leach</i></b>
10:15-11:00	<b><i>Session four: minority faith and belief representative panel responding to Jane's presentation followed by chaired discussion open to the floor</i></b>
11:00-11:30	Tea coffee
11:30-12:15	<b><i>Session five: Reflective practice</i></b>
12:30	Lunch
[13:30-14:00]	<i>Mental Health Forum AGM</i>
14:00-15:00	CHCC AGM
15:00-15:30	Tea coffee
15:45-16:45	<b><i>Session six: keynote address Joshua Hordern</i></b>
16:45-17:30	<b><i>Session seven: Reflective practice</i></b>
18:45	Drinks Reception
19:15	College dinner

## Day three: Thursday 28<sup>th</sup> September 2017

	Worship
08:15	Breakfast
09:15-10:15	<b><i>Session eight: keynote address Joshua Hordern</i></b>
10:15-11:00	<b><i>Session nine: Reflective practice</i></b>
11:00-11:30	Tea coffee
11:45-12:30	<b><i>Session ten: Structured feedback and concluding remarks</i></b>
12:45	Lunch and depart